

BLOOMSBURG TOWN POOL 2023 SWIMMING LESSONS



FOR: All Children Under 18
WHERE: Norris E. Rock Memorial Pool (Bloomsburg Town Pool)
WHEN: Monday's and Wednesday's
SESSION I: July 3rd – July 26th
TIME: 10:00 am–10:30 am or 10:30 am–11:00 am
COST: \$135.00 per child or \$110.00 for Season Pass Holders

PLEASE MAKE CHECK PAYABLE TO: Town of Bloomsburg

Please complete a separate registration form for each swimmer
(See course descriptions on reverse side)



CHILD NAME: _____ AGE: _____

PARENT/GUARDIAN NAME: _____

ADDRESS: _____

PHONE NUMBER: _____ Email: _____

SESSION I: _____ TIME: _____ LEVEL: _____ (see back of form)

OFFICE USE ONLY:

AMOUNT PAID: _____

RECEIVED BY: _____

Course Descriptions

Level 1

The purpose of this class is to acquaint the child with the water and swimming. Safety will be encouraged in and around the pool. A responsible adult must enter the water with each child. Be prepared play games and have fun!

Level 2

Students in this level should show readiness to swim unaccompanied by an adult. They should be willing to try the following skills: hold head underwater, float on back, jump into water feet first and swim the width of the pool.

Level 3

Students will be learning the following swimming strokes: freestyle (front crawl) and backstroke (back crawl). Survival swimming as well as treading and floating techniques will be heavily reinforced. Level 3 swimmers will also learn and increase their diving abilities.

Level 4

Students will be developing their competitive swimming skills as well as refining Level 3 skills. They will be able to demonstrate all 4 strokes while being able to complete competitive races. Level 4 swimmers will be prepared for competitive swimming,

If you have any questions as to what level your child is at, please register them for a lower level and we can then move them up as needed.